

Advising Checklist: M2

Goals

- Check in on their career planning progress
- Address any curricular or performance concerns
- Begin planning third-year schedule

Advising Framework

Second-year students continue the self-assessment process and learning about and exploring specialties. They may have begun research experiences or even clinical rotations and may have started narrowing their specialty options. Provide the student with resources (see below) and tips on the types of information they should gather. Discuss the importance of and preparation for the USMLE Step 1 exam. Finally, beware the second-year slump. Second-year students tend toward burnout as the workload gets heavier and the material, more complex.

Questions for discussion

- ☐ **Adjustment to second-year curriculum**
 - How are you handling the workload?
 - Are you receiving the support you need academically and personally?
- ☐ **Curricular concerns**
 - Describe your performance so far in medical school.
 - Describe your preparation for the USMLE Step 1 exam.
 - What questions or concerns do you have about clinical rotations and scheduling your third year?
- ☐ **Specialty choice**
 - What is important to you in your future practice of medicine?
 - What skills do you have that you would like to incorporate into your career?
 - What are your interests?
 - What specialties are you currently drawn to?
 - What interests you about those specialties?
 - What do you know about your specialty options?
 - What do you still need to know to make your decision?

CiM Tools and Resources available on www.aamc.org/cim

- Medical specialties information
- Medical Specialty Preference Inventory (MSPI)
- Physician Values in Practice Scale (PVIPS)
- Physician Skills Inventory (PSI)
- Specialty Indecision Scale (SIS)

Find this checklist on the CiM website at <https://www.aamc.org/cim/advisors-liaisons/advising-checklists>